

NÚM.	NOME	SEXO	KM1	R1	KM2	R2	KM3	R3	KM4	R4	KM5	R5	KM6	R6	KM7	R7	KM8	R8	KM9	R9	KM10	TEMPO TOTAL	T EMPO CORRIDA	REST	RITMO MÉDIO	KM/H	MELHOR RITMO	KM/H
28	ADRIANA GALO	F	04:43	02:20	05:07	02:16	05:22	02:19	06:22	02:39	05:03	04:35	06:31	05:33	06:06	07:15	06:08					1:12:21	45:22	26:59	05:40	10,6	04:43	12,7
51	ANA MARIA MORAES	F	04:57	01:52	05:07	02:15	05:33	04:47	06:10													30:42	21:48	08:55	05:27	11,0	04:57	12,1
53	ANTÔNIO DE ALENCAR SANTOS	M	05:11	00:00	05:15	02:13	05:13	02:43	05:30	03:07	05:24	06:25	05:18	04:39	05:26	04:35	05:44					1:06:44	43:02	23:42	05:23	11,1	05:11	11,6
54	DANIEL SANTOS DE MORAES	M	04:48	01:41	04:51	02:12	05:24	02:00	05:27	04:26	05:31	06:43	05:52	08:30	05:33	02:58	05:45					1:11:41	43:11	28:30	05:24	11,1	04:48	12,5
55	DANIELA SANTANA	F	05:15	01:31	05:31	02:07	06:06	01:42	06:16	02:15	05:41	03:15	06:03	02:16	06:06	02:37	06:39					1:03:20	47:37	15:44	05:57	10,1	05:15	11,4
56	DIANA DEYSE DE SANTANA	F	04:31	02:18	05:01	02:48	05:12	03:42	06:03	05:34	06:47											41:57	27:34	14:22	05:31	10,9	04:31	13,3
57	EDILTON PEREIRA COSTA	M	05:03	01:49	05:53	02:37	06:49	03:22	06:56	03:15	07:28	00:00	07:44	00:00	07:02	00:00	07:05	03:49	07:02			1:15:55	1:01:03	14:52	06:47	8,8	05:03	11,9
59	ETENILSON DUARTE	M	04:22	02:20	04:23	03:00	04:20	02:34	04:31	03:09	04:57	02:44	04:46	04:44	05:25							51:17	32:44	18:33	04:41	12,8	04:20	13,8
71	JANETE SILVA SAMPAIO	F	04:35	01:09	04:50	02:03	04:57	01:47	05:19	01:48	05:25	01:53	05:31	03:27	05:26	02:45	08:07					59:02	44:10	14:52	05:31	10,9	04:35	13,1
72	JORGE PARANHOS	M	04:34	02:12	05:07	02:54	05:38	05:21	05:48	03:43	06:45											42:00	27:51	14:09	05:34	10,8	04:34	13,1
73	LAIS REIS RIBEIRO	F	04:19	02:30	04:32	02:16	04:47	03:19	04:44	04:16	04:50	04:07	04:56	06:15	07:17							58:08	35:25	22:43	05:04	11,8	04:19	13,9
104	LEONARDO SÓLIS BADARÓ	M	04:13	02:11	04:52	02:11	05:24	03:14	06:01	02:46	06:17	15:41	06:06									58:57	32:53	26:04	05:29	10,9	04:13	14,2
182	MARA SANTANA	F	04:39	02:09	05:12	02:41	05:30	03:49	05:49	05:24	06:47	06:00	06:04	02:40	06:36							1:03:21	40:37	22:44	05:48	10,3	04:39	12,9
184	MARCUS AURÉLIO SOUZA	M	04:38	02:20	04:49	02:09	05:44	02:11	05:43	02:24	07:14											37:12	28:08	09:04	05:38	10,7	04:38	12,9
308	PAULA COSTA	F	04:09	01:28	04:20	02:10	04:22	02:06	04:33	02:14	04:34	02:16	04:38	14:08	08:03							59:01	34:38	24:23	04:57	12,1	04:09	14,5
309	RAQUEL SANTOS	F	04:31	01:12	05:04	01:53	04:57	01:45	04:58	02:10	05:02	02:15	05:23	03:34	05:15	02:54	07:16					58:09	42:25	15:43	05:18	11,3	04:31	13,3
310	RITA MÁRCIA KRUSCHEWSKY	F	04:20	01:21	04:25	02:02	04:28	02:01	04:35	02:12	04:37	02:13	04:47	02:18	05:00	03:22	05:02	04:02	06:35			1:03:19	43:48	19:31	04:52	12,3	04:20	13,8
311	TIAGO JESUS DE ARAÚJO	M	03:12	01:02	03:35	00:00	03:43	02:04	03:56	02:09	03:43											23:25	18:10	05:15	03:38	16,5	03:12	18,8
313	WAGNER CASTRO	M	04:17	01:27	04:36	02:15	04:35	01:52	04:50	01:44	04:56	01:51	05:04	02:16	04:49	03:26	05:01	04:48	04:58	02:36	05:01	1:10:24	48:08	22:16	04:49	12,5	04:17	14,0